

# Kat's Great Adventures

**Peru - Adventure Travel in Peru Culture and Light Trekking Tour 2022**  
**Guided Tour**  
**14 Days / 13 Nights**



Peru is much more than the cradle of ancient cultures! Its nature, geography and topography make it a perfect place for Adventure Traveling. This 14 day trip includes the cultural highlights of Peru such as: Cusco, Sacred Valley and Machu Picchu and adventures such as: Rainbow Mountain, mountain biking in the Sacred Valley, Sky lodge and zip line in Sacred Valley and Inca Trail trek.

## Itinerary Day to Day

### **Day 1: Arrival in Lima**

Arrival to Lima. At arrival, walk to the airport hotel, Costa Del Sol Ramada in front of the airport, where you will spend the night before heading to Cusco the next morning.



### **Day 2: Flight to Cusco and City tour**

Walk back to the airport. Flight to Cusco and transfer to hotel. After check in, you will have a city tour in Cusco included. First we will visit the market place, San Pedro where there will be a lot of folkloric activities and great photo opportunities. From here visit to Sacsayhuamana. Once back in Cusco again we will visit San Blas (the neighbourhood of artist in Cusco), the 12 Angles Stone, Plaza la Armas and finally Qorikancha (Sun temple).

### **Day 3: Full day tour to Rainbow Mountain**

The Rainbow Mountain, known as the seven color mountain or Vinicunca Mountain, is a magical place. We will leave Cusco around 5:00 a.m. to the south of the city, we will pass Urcos, Checacupe until we arrive at the community of Pitumarca (approximately two hours drive) where we will enjoy a nutritious buffet breakfast which will take about 40 minutes. After a short briefing with the guide, we will continue our journey towards the starting point of the trek (one hour). We will begin our walk at the foot of the Ausangate snowfall, an ascent of about two and a half hours until we arrive at the highest point where we can appreciate the Rainbow Mountain. During this trip we will have the opportunity to see the different varieties of South American camelids as well as locally known flora. Arriving at the Rainbow



Mountain we will have time to take photographs of this puzzling place for about 40 minutes. Later we continue with our descent hike of approximately two hours arriving at the point where we started our walk. We will join our transport to go in the direction of the restaurant in Pitumarca where we await our delicious lunch buffet at around 1 p.m. Return to Cusco by the end of the day.

## Day 4: Cusco

Free day in Cusco for sightseeing.



## Day 5: Mountain Biking in the Sacred Valley

Half day exclusive tour on mountain bike. During this tour you will experience a mix of amazing landscapes with a cultural experience and a nice cross country and downhill trip. The route starts 30 km north of Cusco over the Sacred Valley at the high plain of Chinchero at 3700 m, a typical Andean Village surrounded by snow-capped mountains of Urubamba mountain range. Then it continues crossing high plain and the surrounding of Huaypo Lake, towards the Incan Agricultural laboratory of Moray with its circular and concentric terraces. Here we will have a rest while visiting the attraction. The route continues to the ancient colonial village of Maras; from this point the descent starts to Maras Salt Pools, dating back to the Incas time but still in use today. Finally the route continues descending to the bottom of the Sacred

Valley of the Incas at Pichingoto village, located at 2800 m. Lunch and transfer to the hotel in the Sacred Valley. Afternoon to relax.

## Day 6: Skylodge

Today's activity is definitely one of the tour's highlight. After a relaxing morning in the Sacred Valley, transfer to Pachar where the next highlight waits for us: the Skylodge! After a short safety briefing, we will ascend via Zip line or ViaFerrata until reaching the Skylodge Adventure Suites. Here we will get a briefing about how to use the lodge. At 8 pm dinner is served.

## Day 7: Skylodge & Communitarian Tourism in the Sacred Valley

Wake up with a stunning view! After breakfast, descent from the Skylodge via zip lining or rappelling. Once down on safe ground, transfer to a small community Chichubamba, where we'll spend the night in a charming, local guesthouse and get to experience the hospitality of the natives of the Sacred Valley. The afternoon will be spent doing some real sustainable tourism by participating in different local workshops. You will get to learn more about the ceramics and how they prepare chocolate at home. It's a lot of fun and a real opportunity to learn more about the ancient and still living cultures.

## Day 8: Sacred Valley & Ollantaytambo

After breakfast, check out from our guesthouse. On the way to Ollantaytambo we are going to make a stop at "El Descanso" to visit a singular family that prepares a very important drink for the local people in the sacred valley. "Chicha" is an alcoholic beverage that is extracted from the fermentation of corn and also is used in a ceremonial offerings to the Pachamama. Visit to the ancient ruins in Ollantaytabo and some of the greatest masterpieces of the Incas. Afternoon free for the last preparations before next day's trek.



## **Day 9: Inca Trail: Ollantaytambo – Piskakucho (kilometer 82) – Huayllabamba 11 km**

Pick up from your hotel in Ollantaytambo (around 8 a.m.) and about a one hour drive to Piskakucho at kilometer 82 where the Inca Trail begins. After getting acquainted with our trail crew we set out, crossing a footbridge to hike a gentle two hours down the Urubamba canyon, and then visit imposing sculpted Inca farming terraces and the settlement of Llaqtapata on the banks of the Cusichaca side river. We then climb a short way up the Cusichaca Valley to Huayllabamba, the last inhabited village on the trail, where we camp.



## **Day 10: Pacaymayo (3587 m) 10 km + 1263 m – 607 m**

We climb the steep-sided Llullucha Valley past a rushing stream and through enchanted native polylepis woodland. Crossing the rim of a small plateau, abruptly the puna appears, the treeless grasslands of the high Andes. The trail traverses an open slope opposite mighty mountain crag ascending to the first and highest pass, Warmiwañusca (4194 m). Here there are spectacular views of the trail ahead to the second pass, and look back to the sweeping snow peaks and valleys of the Huayanay massif. The trail descends to the bottom of the forested Pacaymayo Valley, where the camp will be set up.

## **Day 11: Wiñay Wayna (2681 m) 11.1 km To Runkuracay pass: + 367 m To Sayacmarca: - 357 m To Phuyupayamarca: + 59 m To Wiñay Wayna: - 975 m**

The day starts with quite a steep Inca stairway that ascends, past the small Inca site Runkuracay, to the second pass, which bears the same name as the Inca site: Runkuracay mountain pass (3954 m). From this vintage place, the landscape opens onto spectacular new views to the snow peaks of the Pumasillo range. A gentle descent to the ruins of Sayacmarca “Inaccessible Town” (3597 m), an intricate labyrinth of houses, plazas and water channels, perched precariously on a rocky spur overlooking the Aobamba Valley. The Inca trail, now a massive buttressed structure of granite paving stones, continues along the steep upper fringes of the cloud forest through a colorful riot of orchids, bromeliads, mosses and ferns. Then an almost flat traverse along the mountain side up to the third pass: Phuyupayamarca pass (3656 m) topped with Inca viewing platforms overlooking the archaeological site of Phuyupatamarca or “Cloud Level Town”. Pausing to explore the wondrous maze of Inca stone towers, fountains and stairways that spills down the mountainside here, a long descent begins through ever changing layers of cloud forest. An Inca stairway finally leads to the next campsite by the ruins of Wiñay Wayna or “Forever Young” (2720 m), the largest and most exquisite of the Inca Trail sites.



**Day 12: Inca Trail: Wiñay Wayna – Machu Picchu – Aguas Calientes**  
An early morning hike takes us across a steep mountainside through lush, humid cloud forest of giant ferns and broadleaf vegetation. Suddenly we cross the stone threshold of Intipunku (Sun Gate) and encounter an unforgettable sweep of natural beauty and human artistry – a backdrop of twisting gorge and forested peaks framing the magical city of Machu Picchu. We complete the final leg down the royal flagstone walkway, past outlying shrines and buildings and into the heart of Machu Picchu, where we spend the rest of the morning with a guided tour of the highlights and some individual exploring among Machu Picchu's multitude of hidden nooks and corners. In the early afternoon a bus takes us to the small town of Aguas Calientes.

**Day 13: Aguas Calientes – Cusco (No guide service)**

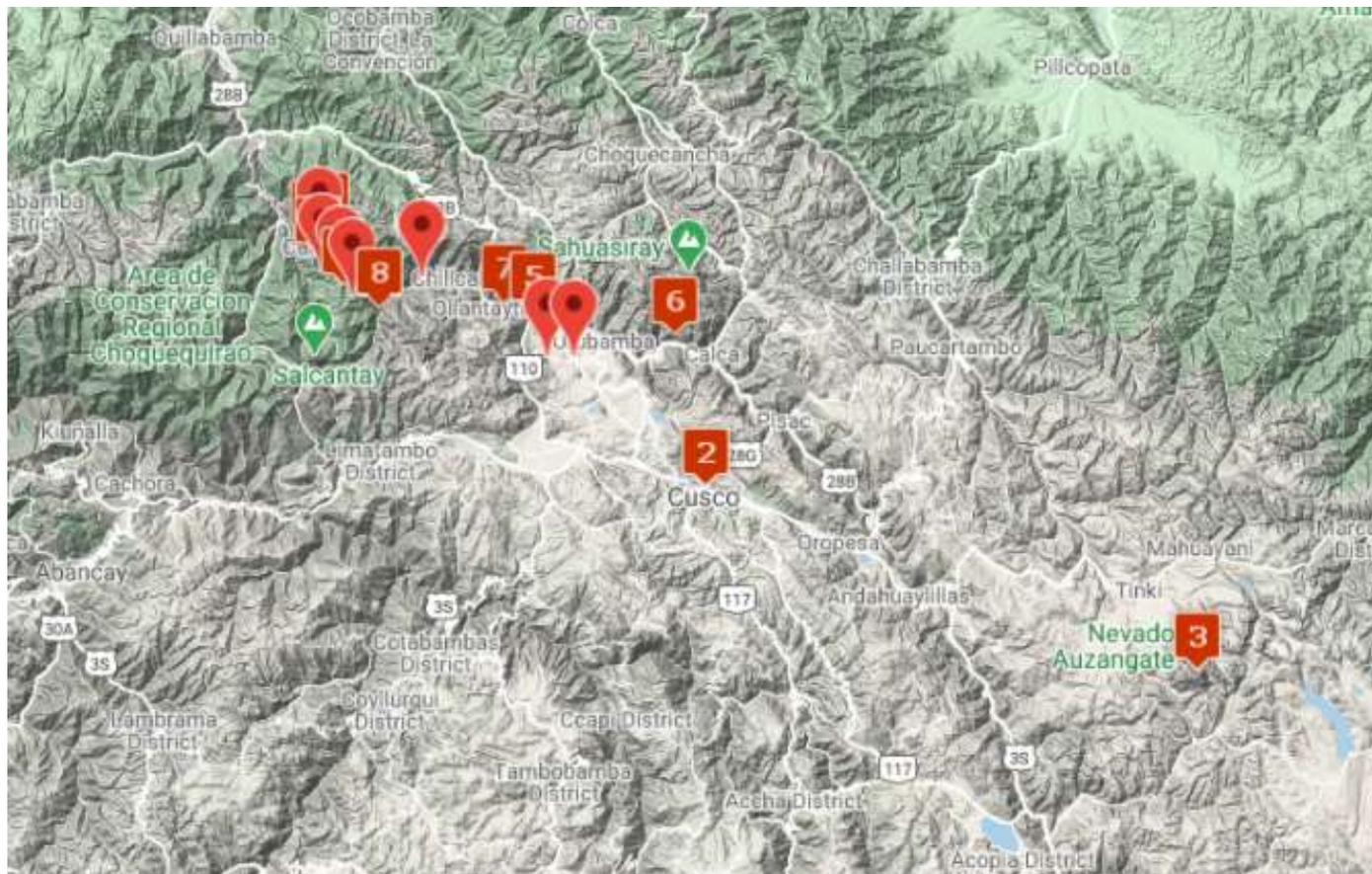
Free morning in Aguas Calientes or an optional second visit to Machu Picchu (not included). Afternoon train back to Ollantaytambo. From here private transfer to your hotel in Cusco.

**Day 14: Cusco – Lima – Home**

Transfer to Cusco airport, flight to Lima. At your arrival in Lima transfer to the international departures to check in. Return home.



## Route



### Technical Characteristics:

**Route Profile:** Medium. You will be hiking on a trail with continuous line and balanced ascent. The hikes are not difficult but the high altitude adds challenge. The tour is designed so the hiker can gradually acclimatize along the way. Some surefootedness and experience with hilly terrain would be of benefit.

**Total Distance:** 32 km

**Travel Season:** Any date on request from January 2 to December 31, 2022



**Price per Person**

|                           |                |
|---------------------------|----------------|
| Double Occupancy          | \$ 3000.00 USD |
| Single Supplement         | \$ 631.00 USD  |
| Domestic Flight Tickets** | \$ 120.00 USD  |

\*Group rates available for this tour. As this is a guided tour, the pricing improves with more people participating. Please ask us for details

\*\*Approximate price per person for all the needed domestic flights in the program. Please note that the final price of the tickets will be confirmed upon reservation.

**Accommodation:**

3\* and 4\* hotels, lodges and homestays

**Included:**

- All transfers in private services except (shared services):
  - Transport to the starting point of the Inca Trail trek and back to Cusco
  - Expedition class train Aguas Calientes – Ollantaytambo
- English speaking guide during activities/tours
- All tours in private services except
  - Inca Trail (Small international group)
  - Tour to Rainbow Mountain
- All entrance fees
- Accommodation
- Meals according to the program (12 breakfasts, 6 lunches and 6 dinners)
- Bikes and equipment and snack for the tour to Maras & Moray
- Camp equipment, food and porters during the Inca Trail

**Not Included:**

- Domestic and international flights
- Meals not mentioned in the program
- Alcoholic and soft drinks
- Personal expenses
- Tips
- Everything not mentioned in the “Included” list