

Kat's Great Adventures

Italy – Tuscany Based in One Hotel Bicycle Tour 2022
Self-Guided Tour
8 Days / 7 Nights



Do you want to see classic Italy – this tour of Tuscany could not be better! The cycle tour offers so many highlights for fans of 'la Dolce Vita'. Be it the picturesque landscape of the ancient culture of central Italy. This cycle tour really leaves no part of Tuscany unturned. Of course, a trip to Florence, the capital of Tuscany, is also part of the program. In the evenings, you can relax with a glass of vino on the terrace of your feel good hotel, feel true holiday happiness!

Itinerary Day to Day

Day 1: Arrival in Montecatini

Information on the tour and bike fitting in the evening. For the rest of the day, we recommend taking a walk in the spa park or taking the historical rack railway train to Montecatini Alto.

Day 2: Trip through the Val di Nievole Valley 40 km

Today, you will cycle along wonderful ways through olive groves to the charming town of Serravalle. Beautiful panoramic views over the valley will reward you for conquering the short climbs before you will return downhill to Montecatini. On your way, you will also pass the historic town of Montecatini Alto, where you can enjoy a glass of wine at the romantic Piazza Guisti.

Day 3: Trip to Monte Pisani and to the sea 50 km + transfer and train journey

The day starts with a drive to the summit of Monte Pisano (900 meters) where you can enjoy an impressive panorama of Pisa and the sea. From here you will start your bike tour with a long descent into the valley. On the bike path along a Roman Viaduct you will get to the Leaning Tower of Pisa. Later, you will continue to the

Mediterranean coast and through the nature park "Macchia Lucchese" to the "Pearl of the Tyrrhenian coast": Viareggio. At the end of your tour, you will take the train back to Montecatini.

Day 4: Trip to Florence (by train)

The capital of Tuscany offers a unique range of palaces, churches, museums and art treasures of the Renaissance to its visitors. Today, you and your bike get a break. Alternatively, you can enjoy the day in your wellness hotel.



Day 5: Trip to San Gimignano 55 km + transfer

Today, you will take a shuttle to Casciana Terme. On wonderful ways, through vineyards and rolling hills, you will cycle to San Gimignano. On your way, you will see images of the original Tuscany as they have been painted many times. Just before you reach today's destination, the silhouettes of the famous medieval towers appear in front of you. After your trip, you will have a transfer back to your hotel.



Day 6: Trip to Vinci 55 km

On the sixth day, you will cycle on small paths through the olive groves of Montecatini to Vinci, the birthplace of Leonardo. This museum dedicated to his genius and his inventions is very impressive. On your way back to the hotel, you will cycle over gently rolling hills and through the lovely countryside of Montalbano.

Day 7: Trip to Lucca 40 km + train journey

First, you will cycle through the small, medieval wine town of Monte Carlo, where one of the few white wines of Tuscany flourishes. Then you will continue your tour along the Wine Road "Colline Lucchesi", through the back country, past the beautiful Villa Torrigiani to Lucca. A bike ride on the historic city walls offers magnificent views of churches and towers that rise above the countless roofs of the city. The train will take you back to your hotel.

Day 8: Departure or Extension of Trip



Route



Technical Characteristics:

Route Profile: Medium. Tuscany has a wonderful but also hilly landscape. You will cycle on quiet minor roads and sometimes even on country lanes. Close to bigger cities, traffic is unfortunately unavoidable.

Distance: 240 km

Travel Season: Departures Saturdays April 2 to October 8, 2022

Season 1: April 2 - April 15 and October 1 - October 8

Season 2: April 16 – May 13 and September 10 – September 30

Season 3: May 14 – September 9



Price per Person:

	Deluxe Room	Superior Room
Double Occupancy B&B Season 1	€ 879.00	€ 729.00
Double Occupancy B&B Season 2	€ 949.00	€ 799.00
Double Occupancy B&B Season 3	€ 999.00	€ 859.00
Surcharge Single Occupancy	€ 369.00	€ 179.00
Surcharge Half Board (3x)	€ 95.00	€ 95.00
Surcharge Half Board (7x)	€ 219.00	€ 219.00
Rental Hybrid Bike Plus	€ 139.00	
Rental Electric Bike	€ 199.00	
Extra Nights Deluxe Room Double Occupancy All Seasons	€ 85.00	
Extra Nights Deluxe Room Single Occupancy All Seasons	€ 130.00	
Extra Nights Superior Room Double Occupancy All Seasons	€ 59.00	
Extra Nights Superior Room Single Occupancy All Seasons	€ 78.00	

Accommodation:

The Grand Hotel Croce di Malta**** is located in a quiet area only a few steps from the spa park and the town centre. The stylish hotel offers all the amenities you may expect after a nice day of cycling. You will feel very comfortable in the spacious rooms with balconies as well as the premier rooms that are classically designed, and the prestige rooms that are modern and bright. You can also feel comfortable in the elegant hotel lobby, the cosy bar, or the friendly sun terrace. The beautifully designed pool with sun lounger, the modern fitness area and the excellent restaurant ensure a memorable stay. The new wellness area with sauna and whirlpool is available at extra charge.

Included:

- Accommodation in the Grand Hotel Croce di Malta 4* in your selected category
- Breakfast buffet
- Welcome drink
- Use of outdoor pool and fitness area
- Welcome briefing
- Excellently planned routes
- Detailed travel documents 1 per room (route maps, route description, local attractions, important telephone numbers)
- Bus transfer to Monte Pisano and Casciano Terme such as from San Gimignano including your bike
- Train journey from Viareggio – Montecatini and from Lucca – Montecatini including your bike
- Train journey to and from Florence not including your bike
- Tour signposting
- GPS data is available
- Service hotline

Not Included:

- Visitors' taxes payable locally

Kat's Great Adventures 1233 Tintern Drive, Greely, Ontario K4P 1R6 – Direct: 613-241-0111 Extension 6

katsgreatadventures@gmail.com Website: **www.katsgreatadventures.com**

TICO # 50022092

Bikes

Hybrid Bike



Rental Bike Plus allows for a slightly sportier sitting posture, 27 gears offer the highest flexibility and a high quality Suntour suspension fork provides the best possible comfort across all surfaces.

Available in 63/60/56-51 sloping/46 cm sizes

Also includes Saddle bag (water-repellent), handlebar bag (water-repellent), service-Set with tools and extra bicycle tube, pump and combination lock



Electric Bike

You need no driver's license, the electric bike assists up to a speed of 25 km/h. The handling is easy and manageable after a short explanation. These bikes are supported through an electric motor that is fixed in the bottom bracket. The supply of energy takes place through a removable battery, which permits a reach of 120-180 kilometers.

Sizes: 56/51/46/46 "xs" cm