

Italy – Piedmont to Liguria Hiking Tour 2022
Self-Guided Tour
8 Days / 7 Nights



The Riviera coast runs along northern Italy and to the world of the rich and beautiful – Monaco. Start in Langhe/Piedmont, which is also known as the gourmet region of Italy. The hiking tour will impress with a contrasting landscape: through romantic vineyards and along the Riviera coast of Liguria. You will also discover the snow-capped Maritime Alps, the impressive Monte Rosa massif and the turquoise blue coast. It will make any hiker's heart sing! Colourful paths and Mediterranean vegetation unite in the Riviera of Flowers. During this eight day mountain tour you will wander through different towns and villages. You will reach the 'Alta Langa' on old hiking trails. Fragrant flowers as far as the eye can see and an impressive panoramic view lines the route. You continue along the ridge, past sheep herds and onto Murazzano. Tip: taste the famous sheep milk cream cheese! After your arrival in San Remo you can rest your tired feet as you sip a glass of wine and enjoy the scent of the culinary delicacies as they fill your nose. What more could you want?

Itinerary Day to Day

Day 1: Arrival in Alba

Discover the gourmet town of Alba with its pretty old center and countless bars and restaurants inviting you to sample Piedmontese delicacies.



Day 2: Alba - Monforte 16 km + 600 m – 350 m

An enchanting hike leads you through the vineyards with a fabulous view onto the Langhe region. Via La Morra, renowned for its numerous wine stores, you continue along grape vines of the famous Barolo wine into the 'center of grapes', the world renowned little village of Barolo. Here you take a stroll through the alleyways to the fort and enjoy a glass of this noble wine. Onwards along a forest path into the stunningly beautiful village of Monforte situated on a hilltop.

Day 3: Monforte – Bossolasco/Surroundings 20 km + 700 m – 450 m

Initially you walk on undulating terrain through vineyards, soon however you come across more and more hazelnut groves and reach the picturesque villages of Roddino and Serravalle, where you enjoy a

panoramic view from the so called 'Langhe balcony'. You ascend along the hiking trail to the 'Alta Langa', where the village of roses 'Bossolasco' awaits you with wonderfully fragrant flowers and an impressive location at the top of a mountain chain.



Day 4: Bossolasco/Surroundings – Millesimo 20 km + 450 m – 800 m

You walk along the mountain chain and past grazing herds of sheep towards Murazzano, where the famous cheese is produced. Then across remote farmland and vast cornfields with views onto the snowcapped Maritime Alps you ascend today onto the highest hilltop of the Langhe region. Old stone houses and chapels line your path, on a clear day you can even see the sea! Short transfer into the little town of Millesimo, whose old part of town is considered one of Italy's most beautiful town centers, the 'Borghi piu belli d'Italia'.



Day 5: Millesimo - Bardineto 17 km + 450 m – 800 m

Today you hike your first stage in the region of Liguria. After a short transfer up to the Melogno pass, you continue along the high altitude path 'Alta Via dei Monti Liguri' through endless beech forest. Via a mountain trail you reach the Monte Carmo summit, from this peak the sea seems within one's reach. In the evening you reach the village of Bardineto, situated amidst wooded mountain chains and is particularly renowned for its mushroom specialties.

Day 6: Bardineto - Albenga 15 km + 300 m – 990 m

You can look forward to a fantastic hike along the Ligurian long distance hiking path 'Sentiero Liguria'. Spectacular panoramic views onto mountains, coastline and islands accompany your path, meandering along the mountain ridge towards the sea. The leisurely option leads you into the medieval village of Castelvecchio and downhill to Zuccarello, from where you take the bus to Albenga. Today your overnight is located directly at the sea, so enjoy a dip in the waves before you sample a local fish at the beach restaurant.

Day 7: Albenga – San Remo 14 km + 650 m – 650 m

As a finale a coastal hike with great views awaits! Initially you walk along the sea then you ascend to the 'Alta Via Baia del Sole'. A truly amazing hiking path along fragrant Macchia bushes leading you via the peak of the Monte Bignone. Then across terraced fields and fruit groves you descend into the coastal village of Alassio, where you get to experience the flair of Italian ice cream cafes and neat lidos. Spectacular views on the turquoise blue sea at the 'flower riviera' accompany you along your train ride into the famous town of San Remo.



Day 8: Individual departure or extension



Route



Technical Characteristics:

Tour Profile: Medium. During the first few stages in the Langhe region you walk on undulating terrain on gravel, forest and dirt paths as well as on stony trails across the mountains, where surefootedness is required during short sections. Along the coast narrow trails await, beautiful hiking paths particularly with great views. With nearly all the hiking tours there are easier options to choose from.

Total Distance: 102 km

Travel Season: Departures Saturdays from April 2 - October 8, 2022
Season 1: April 2 – April 23 and September 18 - October 8
Season 2: April 24 – June 4 and August 28 – September 17
Season 3: June 5 – August 27

Prices per person:

Double Occupancy B&B Season 1	€ 749.00
Double Occupancy B&B Season 2	€ 799.00
Double Occupancy B&B Season 3	€ 859.00
Single Occupancy Surcharge	€ 299.00
Extra Nights Alba Double Occupancy B&B Season 1	€ 69.00
Extra Nights Alba Double Occupancy B&B Season 2 + 3	€ 89.00
Extra Nights Alba Single Occupancy B&B Season 1	€ 118.00
Extra Nights Alba Single Occupancy B&B Season 2 + 3	€ 138.00
Extra Nights San Remo Double Occupancy B&B Season 1 + 2	€ 79.00
Extra Nights San Remo Double Occupancy B&B Season 3	€ 95.00
Extra Nights San Remo Single Occupancy B&B Season 1 + 2	€ 124.00
Extra Nights San Remo Single Occupancy B&B Season 3	€ 140.00

Accommodation:

4* Hotel in Alba, 3* and midrange hotels for remaining nights

Included:

- 7 overnight stays
- Breakfast
- Luggage transfer
- Transfers according to program
- Wine tasting
- Carefully elaborated route description
- Detailed travel documents 1 per room
- App for navigation and GPS data is available
- Service hotline

Not Included:

- Short ride with public transport to Albenga, approximately 7 euros per person
- Any visitor's taxes
- Train journey Alassio – San Remo, approximately EUR 6 per person
- Airport transfer Milano (Malpensa, Linate) – Alba: 1-3 people EUR 240, 4-7 people EUR 280, 8+ people EUR 350, duration approximately 2 hours, reservation is necessary and to be paid for in advance
- Airport transfer Milano (Orio al Serio) – Alba: 1-3 people EUR 290, 4-7 people EUR 350, 8+ people EUR 400, duration approximately 2.5 hours, reservation is necessary and to be paid for in advance
- Airport transfer Turin (Caselle) – Alba: 1-3 people EUR 150, 4-7 people EUR 190, 8+ people EUR 240, duration approximately 1.5 hours, reservation is necessary and to be paid for in advance
- Return transfer by minibus to Alba every Saturday, EUR 80 per person, reservation is necessary and to be paid for in advance

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