

Kat's Great Adventures

Italy - Austria - Slovenia - From the Dolomites to Trieste Bicycle Tour 2022

Self-Guided Tour

8 Days / 7 Nights



Starting from the northeastern Dolomites, the first part of the route runs along the river Drau through the valley of the same name and then on through the Gailtal valley on leisurely cycle paths. After a short detour to the Italian border town of Tarvisio you cycle on to Slovenia. At the fairytale Lake Bled, you will be at the foot of the Julian Alps. After a transfer to the south side of the Alps, you will return to Italy in the region of Friuli-Venezia Giulia and in the famous wine region "Collio". The former capital of the Lombards, Cividale del Friuli, is worth a visit. Afterwards, a spectacular end to the cycle tour on the Adriatic awaits you. On the last day you cycle along the sea to the former Habsburg port of Trieste.

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TICO # 50022092

Itinerary Day to Day

Day 1: Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)

Individual arrival at the hotel in Hochpustertal. Free, unguarded public car park near the hotel.



Day 2: Hochpustertal – Oberdrauburg/Kötschach Mauthen 70 - 75 km

Starting at the watershed of the rivers Drau and Rienz on the Toblacher Sattel, you ride alongside the Drau through South Tyrol and on to East Tyrol and the town of Lienz. The impressive mountains of the Dolomites line the route.

Day 3: Oberdrauburg/Kötschach Mauthen – Feistritz an der Gail transfer to the Gailbergpass + 65 km

After a short transfer by minibus to the Gailbergpass (about 7 km / 350 m sea level difference), a comfortable descent to Kötschach-Mauthen awaits you. On the Gailtal cycle path at the foot of the Carnic Ridge you cycle comfortably past Hermagor. Before you reach your stage finish

Feistritz an der Gail, the Pressegger See invites all gourmets to a relaxing break.

Day 4: Feistritz an der Gail – Bled 55 - 65 km

Along your way to Bled, you reach the Italian border and then continue on the cycle path. You travel past the famous ski area of Kranjska Gora, through the wonderful and mostly unknown countryside of Slovenia. It is also possible to shorten the trip by approximately 10 km using the train. You spend the night at the romantic Lake Bled. Instead of the next stage (Bled - Cividale) you can also choose to spend two nights in Bled.

Day 5: Bled – Cividale del Friuli train ride + 50 km

After the transfer by train, you will reach the Soca valley, popular with canoeists and adventurers. In Kobarid you will get a historical review of the decisive battles of the First World War, which led to a preliminary decision. At the next stop especially the lovers of good food and wine will get their money's worth. At the end of the day, the historic city of Cividale del Friuli invites you on a tour, eg. the Devil's Bridge. Goths, Lombards and Franks have shaped this city.



Day 6: Cividale del Friuli - Gradisca d'Isonzo 35 km – longer option through Udine 65 km

On the way through the Collio Goriziano, the center of the Friuli wine growing region, there are many wine cellars to stop at and taste the excellent wines. After tackling a few hills, you come to Gradisca d'Isonzo, where you spend the night. There is a possibility to choose a longer tour option passing through Udine, probably the most important town in the Friuli region, which is well worth a visit.

Day 7: Gradisca d'Isonzo – Trieste 40 km

The karst accompanies you on the way to the Adriatic Sea and the castles Duino and Miramare invite you for a last visit before you enter the former Habsburg town of Trieste.

Day 8: Departure

Individual departure or extension of your stay



Variant: Option With 2 Nights In Bled Instead Of 1 Night In Cividale Del Friuli

Day 1: Arrival in Hochpustertal (Niederdorf/Villabassa or Toblach/Dobbiaco)

Day 2: Hochpustertal – Oberdrauburg/Kötschach Mauthen 70 - 75 km

Day 3: Oberdrauburg/Kötschach Mauthen – Feistritz an der Gail transfer to the Gailbergpass + 65 km

Day 4: Feistritz an der Gail – Bled 55 - 65 km

Day 5: Bled

Enjoy one day off at the beautiful lake Bled situated in a picturesque environment, surrounded by mountains and forests.

Day 6: Bled – Gorizia – Gradisca d'Isonzo train ride + 40 km

After the transfer by train to the pass, you will reach the Soca valley, popular with canoeists and adventurers. The river accompanies you on the journey to the divided city of Gorizia. Cycling through the vineyards of the Collio you will reach Gradisca d'Isonzo, where you will spend the night.

Day 7: Gradisca d'Isonzo – Trieste 40 km

Day 8: Departure



Route



Technical Characteristics:

Route Profile: Easy. The tour to Trieste is a varied tour; the last two stages are a bit hilly. The tour goes along bike paths or very quiet side roads, through small villages and picturesque landscape. The tour is suitable for children over 14 years.

Distance: 315-360 km

Travel Season: Departures Fridays and Saturdays from April 30 - October 1, 2022

Departures Sundays from May 29 – June 26, 2022

Season 1: April 30 and October 1

Season 2: May 1 – June 17 and September 12 – September 30

Season 3: June 18 – September 11



Price per Person:

Double Occupancy B&B Season 1	€ 699.00
Double Occupancy B&B Season 2	€ 789.00
Double Occupancy B&B Season 3	€ 878.00
Surcharge Single Occupancy	€ 179.00
Rental Bike (21 gear)	€ 89.00
Rental TOP bike (21 gear)	€ 129.00
Rental Electric Bike	€ 189.00
Extra Nights Villabassa/Dobbiaco Double Occupancy B&B Season 1 + 2	€ 59.00
Extra Nights Villabassa/Dobbiaco Double Occupancy B&B Season 3	€ 79.00
Extra Nights Villabassa/Dobbiaco Single Occupancy B&B Season 1 + 2	€ 76.00
Extra Nights Villabassa/Dobbiaco Single Occupancy B&B Season 3	€ 96.00
Extra Nights Trieste Double Occupancy B&B	€ 79.00
Extra Nights Trieste Single Occupancy B&B	€ 114.00

Accommodation:

Inns and 3* and partly 4* hotels

Included:

- 7 nights' accommodation
- Breakfast buffet or a full breakfast
- Personal tour information
- Luggage transport from hotel to hotel
- Transfer by minibus from Oberdrauburg to the Gailberg Pass
- Transfer by train from Bled to Most na Soci/Kanal ob Soci (option with 2 nights in Bled)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for during the entire tour
- Navigation app, GPS data

Not Included:

- Visitor's tax payable locally
- Transfer: Return transfer every Saturday from Trieste to Hochpustertal (Toblach/Dobbiaco or Niederdorf/Villabassa) at a price of € 79.00 per person (reservation and payment upon booking). Additionally, every Sunday from June 5 to July 3, 2022

Bikes

Hybrid Bike

Mens Trekking Aluminum, with water bottle holder, Shimano Alivio/Deore 21 gear freewheel, Royal saddle, size S-XL
Women's Trekking Shimano Alivio/Deore, 21 gear freewheel, Royal saddle, step-through frame, size S-XL



TOP Bike



Aluminum frame with bottle holder, with shock absorbing forks, Shimano Deore XT 10x3 gears and Shimano oil disk XT breaks, size S-XL

Electric Bike



Step through frame, Bosch Performance Line Motor, 8 gear, range performance: approx. 200 km (using middle/constant speed)