

# Kat's Great Adventures

**Chile - Bike and Hike in the Lake and Volcano District Tour 2022**  
**Guided**  
**7 Days / 6 Nights**



Discover the Lake & Volcano District hiking and cycling Chile's southern backroads. Hiking and Biking Chile's south backroads is the ultimate green tour. This well supported biking and hiking program has been especially made for active people who love nature.

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TICO # 50022092

## Itinerary Day to Day

### **Day 1: Temuco – Malalcahuello National Reserve Ride 42 km**

On the first day of our bike and hike tour, our local team will meet you at your hotel in Temuco at 9 am. We'll drive for approximately 2 hours to Curacautín, a small quaint village. This village is part of the UNESCO Kütralkura Geopark and the Biosphere Reserve "Araucarias". There, we'll stop for lunch. Afterwards, your guides will assist you to assemble and fit your bike. Once we are ready, we'll start our trip with a 42 kilometer warm-up ride, with the Lonquimay volcano in sight and surrounded by ancient araucaria trees. We'll arrive at a modern hotel with spa located in a small ski resort. In the evening, we'll have an orientation and briefing session before our welcome dinner together.



### **Day 2: Kütralkura Geopark – The Andes Ride 58 km + optional 22.5 km**

Today we'll ride towards the Andes mountain range, pedaling alongside the Lonquimay River by an almost flat valley located in Kütralkura, Chile's first Geopark. The road is quite rolling with several flat sections and a few small climbs. If you want to pedal up some serious grades, it is possible to extend the route on 22 km more, until the peak altitude of 1,884 meters above sea level.

### **Day 3: Lonquimay Volcano – Coloradito Trail Hike 9.7 km**

We'll hike towards Cerro Coloradito, a natural view point of 4 volcanoes: Lonquimay, Llaima, Sierra Nevada and Villarrica. The hike is quite fun, with fantastic views and always surrounded by ancient forests of araucaria trees, some of them dating over 2,000 years old. After the hike, we'll drive to Pucón, Chile's capital of adventure tourism.

### **Day 4: Villaricca Volcano Climb 8.6 km**

Ascending the active Villarrica Volcano is without a doubt an once-in-a-lifetime experience. It is not technical, but you need to be in good shape to reach the summit. We'll start hiking from the ski center located 1,400 meters above sea level. After 4-6 hours, we'll reach the open crater, from where you can enjoy the mind-blowing views over five lakes and several volcanoes in the distance. The descent is quite fun, as we slide down the snow on our rear ends.



## Day 5: Pucon – Cabargua Lake and Hot Springs Loop Ride 52 km

Today, we start cycling from hotel towards Lake Cabargua. Afterwards, we'll visit and bathe in Pucon's famous Hot Springs. The ride today is a combination of rolling hills with several short climbs at the second half of the road. We'll also cycle next to beautiful farms with views of the Villarrica volcano.



## Day 6: Chile's 7 Lake Route Ride 94.7 km

Today we will ride one of Chile's most scenic roads, The 7-Lake Route. We'll pedal alongside the shores of two beautiful lakes, Calafquén and Panguipulli, cover three-quarters of the way around the Villarrica Volcano with majestic views of the southern volcanoes.

## Day 7: Pucón - Temuco's Airport

Sadly, it's time to say good bye to the beautiful Lake & Volcano District of Chile. According to flight schedule, private transfer from hotel to Temuco Airport. End of our services.



## Route



### Technical Characteristics:

**Route Profile:** Medium, designed for people who lead active lives and are comfortable participating in up to [5] hours of physical activity per day. Programs at this level generally involve some activities of higher intensity and/or a more vigorous pace.

**Distance:** Cycling: 246.7 km  
Hiking: 18.3 km

**Travel Season:** Departures January 2; November 6 and December 4, 2022  
Custom departures available on request



### **Price per Person**

Double Occupancy	\$ 4480.00 USD
Single Supplement	\$ 520.00 USD
Bike Rental	\$120.00 USD

\*Group rates available for this tour. As this is a guided tour, the pricing improves with more people participating. Please ask us for details

### **Accommodation:**

4\* hotels in the heart of the city

### **Included:**

- Small groups with up to 10 guests maximum
- Professional tour guide (8:1 guest to guide ratio)
- Professional mountain guide (4:1 guest to guide ratio) for volcano ascent
- Private transportation with trailer and bicycle rack
- 6 nights' accommodation
- Road cycling and hiking (4 bike rides and 2 hikes)
- Meals as per itinerary (6 breakfasts, 6 lunches and 3 dinners)
- First glass of Chilean wine, beer or soft drink during our group dinners
- Zero waste on-route snacks including drinking water, local beer, isotonic drinks, trail mix, fresh fruit and homemade energy bars
- Gratuities at restaurants and hotels
- Medical and accident insurance
- Souvenir cycle jersey
- Basic cycle parts (cable housing, tubes, tires and spokes)
- Mountain gear for volcano ascent (crampons, ice axe, helmet, and climbing harness)
- Helmets, pedals and water bottles available on request
- All bike rides can be extended up to an extra 32 kilometers
- Entrance fees to hot springs and national parks

### **Not Included:**

- International and local flights
- Extra beverages and cocktails
- Other cycle parts and components (derailleur, crankset, fork, etc)
- Laundry and SPA services
- Gratuity for local team. At the end of the trip, gratuity for the crew for a job well done is highly appreciated. We encourage you to use your discretion and tip according to the caliber of service you receive. As a guideline, the industry standard is USD \$120 per person, per guide.

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## Bike Rental

FRAMESET	
Sizes	51, 52.5, 54, 56, 58cm
Frame	Caad8 alloy, optimized 6061 alloy, Save, BB30
Fork	Cannondale Ultra, carbon blades, 1-1/8"
WHEELS	
Wheels	Maddux RS 3.0, 32 hole (36H 58-61cm)
Tires	Schwalbe Lugano, 700x23c
DRIVETRAIN	
Shifters	Shimano 105 5700
Derailleur	Front: Shimano 105 5700, 31.8mm clamp
	Rear: Shimano 105 5700
Crank	FSA Gossamer, BB30, 50/34
Cassette	Shimano Tiagra 4600, 12-28, 10-speed
Pedals	Wellgo
COMPONENTS	
Saddle	Cannondale Stage ergo w/ crmo rails
Seat Post	Cannondale C3, alloy, 27.2x300mm
Handlebars	Cannondale C3 compact
Stem	Cannondale C3, 31.8, 6 deg
Headset	Tange Seiki Integrated, 25mm top cap
Brakeset	Tektro R741, dual pivot, cartridge pad



If you rent one of our great bikes, please feel free to bring your own helmet, pedals, seat and seat post (27,2 mm). We can provide them too. Please bring two water bottles.